

Merritt Academy

Winter 2016

Afternoon Activities



Registration starts November 7 at 3:30



Registration ends on November 21

Monday	Tuesday	Wednesday	Thursday	Friday
<u>K3 Soccer</u> 3:15-3:50 (Backfield/Cafeteria)	<u>K3/K4 Hip Hop</u> 3:15-3:50 (Cafeteria)	<u>PlayKids Folktale</u> 3:15-3:45 (Art Room)	<u>K3 Ballet</u> 3:15-3:50 (Cafeteria)	<u>K3 Basketball</u> 3:15-3:50 (Gym)
<u>K3 Fun with Number</u> 3:15-3:45 (STEAM lab)	<u>K3/K4 Cooking Club A</u> 3:15-4:00 (Bistro)	<u>4th-6th Girl's Merritt Basketball</u> 3:30-4:30 (Gym)	<u>K3/K4 Cooking Club B</u> 3:15-4:00 (Bistro)	<u>K4 Basketball</u> 4:00-4:35 (Gym)
<u>4th-7^h Girls' Merritt Basketball</u> 3:30-4:30 (Gym)	<u>K3/K4 Martial Arts</u> 3:30-4:00 (Gym)	<u>K3/K4 Yoga</u> 3:45-4:15 (Cafeteria)	<u>K3/K4 Martial Arts</u> 3:30-4:00 (Gym)	<u>K-2nd Basketball</u> 4:45-5:20 (Gym)
<u>K-2nd Art Club</u> 3:30-4:30 (Art Room)	<u>K3/K4 Mini Monets</u> 3:15-3:45 (Art Room)	<u>PlayKids Theater</u> 4:00-4:45 (Art Room)	<u>K-7th Martial Arts</u> 4:15-5:00 (Gym)	
<u>K4-2nd Arabic Club</u> 3:30-4:15 (French Room)	<u>K4-1st French Club</u> 3:30-4:15 (French room)	<u>K-2nd Engineering</u> 4:30-5:00 (STEAM Lab)	<u>K4 Ballet</u> 4:00-4:35 (Cafeteria)	
<u>K4 Soccer</u> 4:00-4:35 (Backfield/Gym)	<u>K-7th Martial Arts</u> 4:15-5:00 (Gym)	<u>K-7th Yoga</u> 5:15-5:45 (Cafeteria)	<u>K-4th Hip Hop</u> 4:45-5:20 (Cafeteria)	
<u>K4 Fun with Numbers</u> 4:00-4:30 (STEAM Lab)	<u>K3/K4 Gym Jam</u> 4:00-4:35 (Cafeteria)	<u>4th-7th Boys' Merritt Basketball</u> 3:30-4:30 (Gym)		
<u>K-7th Merritt Tiger Cheer</u> 4:30-5:15 (Cafeteria)	<u>Kindergym K3/K4</u> 4:45-5:20 (Cafeteria)			
<u>4th-6th Boys' Merritt Basketball</u> 3:30-4:30 (Gym)				
<u>K-2nd Master Minds</u> 4:45-5:15 (STEAM Lab)				
<u>K-2nd Soccer</u> 4:45-5:20 (Backfield/Gym)				

How to Enroll:

1. Click on link for Afternoon Activities posted on Merritt Academy's homepage:
www.merrittacademy.org.
2. If you have previously used the online registration system to register your child for any afternoon activities, please log in as a Returning User. If not, please select New User.
3. Select the activities available for your child. All activities are filled on a first come, first served basis and there is a maximum capacity for each class based on the age of the children and the required ratio. If an activity is at full capacity, you can select the WAITLIST.
4. Complete all questions to ensure your child is registered to the proper activities and clubs.
***IMPORTANT: Please ensure your child's classroom number is current for 2016-2017 upon registering!**
5. Complete payment via credit card or e-check.
6. Receive email confirmation of your registration.
****IMPORTANT : Please keep as reference for Child's Activity/Club Details.***
7. If space becomes available in a waitlisted activity, the Special Program Coordinator will contact you directly.

Reminders

- Winter Activities registration opens ONLINE: **November 7 at 3:30 PM**
- Winter Activities registration closes ONLINE: **November 21 at 12:00 AM**
- Winter Activities begin **November 28**
- No clubs will meet on the following dates:
 - December 19-January 2
 - January 16

Questions?

Contact: Special Program Coordinator Melissa Denny at MelissaD@merrittacademy.org

Policies & Procedures:

1. Registrations must be completed entirely online.
 - A registration link will be made available on the Merritt Academy website (www.merrittacademy.org) upon the opening of registrations for each season.
 - Merritt's Afternoon Activity seasons include: Fall, Winter, Spring, and Summer.
2. Registration for activities and clubs is on a first come, first served basis.
3. Registration for activities and clubs are limited to the duration of each season.
 - Activity and club registrations made for Fall activities are separate from the activities for the rest of the year. Parents must re-register their child each season (unless otherwise noted).
 - Please check the specific times, dates, and day of the week of your child's activities.
 - Merritt Academy reserves the right to determine appropriate placement of children in activities.
4. Makeup days:
 - Makeup days are only limited to activities and clubs that are cancelled, as a whole class, due to Merritt Academy closing for inclement weather or instructor/coach cancellation due to instructor/ coach sickness or emergencies.
 - Activity and Club makeup days will be rescheduled by both the Program Coordinator and the instructor/coach.
 - Makeups will not be held if a child is absent due to illness or other reasons.
5. Refunds:
 - Refunds will not be given nor will the cost of the session be prorated if the child is absent or if the child is registered after the start date of the activity and/or club.
 - Students will not be forced to attend activities or clubs; however, they are encouraged by our instructors and coaches. If a child continues to refuse to attend the activities or clubs, a refund will not be given; however, parents are given the option of choosing another activity for their child for the remainder of the current session.
6. Fees & Payments:
 - Sessions are billed for the amount indicated on the registration.
 - Payment must be completed at the time of registration via credit card or e-check.
 - **Students in Kindergarten-7th grade must be registered for After-Care to enroll in Afternoon Activities. If your child is not enrolled in aftercare, please contact Special Program Coordinator.**
7. Student Behavior:
 - A 3 strike rule is in place regarding student behavior during afternoon activities.
 - Misbehavior during an afternoon activity will result in a strike and an incident report will be written.
 - Parents will be notified each time their child receives a strike. After 3 strikes, students will be removed from the activity for the duration of the session and refunds will not be made.

Arabic:

- The Arabic club will focus on learning basic Arabic expressions such as greetings, vocabulary including days of the week, months, weather, family members, classroom items, and of course writing—starting with the alphabet! Other activities will include a song or two and hopefully an online Arabic program so the students will also use the computer.

Mondays(8x) Nov. 28 – Feb. 13	3:30-4:15PM	\$80.00	K4-2 nd	Mr. El Ayoubi	French Room
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Art:

- During Art club, age-appropriate projects will be created, and children will explore general art and expression through a variety of media, such as drawing and painting. Art appreciation will be stressed through experimentation in different areas of expression. Enrollment is limited to 10 students per club.

Mondays(8x) Nov. 28 – Feb. 13	3:30-4:30	\$80.00	Kg-2nd Grade	Mrs. Casazza	Art Room
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Ballet:

- Dancers will delight in the joy of music and movement as they learn classic ballet positions and steps such as plies, releves, battement and arabesques. Children will grow strong and experience increased balance and poise as they progress through the program; learning to combine arm and leg movements to create precise dance steps and techniques. Choreographed dances are set to age appropriate music and become a point of pride as the dancers accomplish their goals. Simple props such as scarves and wands are used to enhance the imagery of the magic of dance. Ballet shoes are required.

Thursdays (8x) Dec. 1- Feb. 2	3:15-3:50	\$145.00	K3	Lola Ltd.	Cafeteria
Thursdays (8x) Dec. 1- Feb. 2	4:00-4:35	\$145.00	K4	Lola Ltd.	Cafeteria

Basketball:

- Learn to be a Super Swisher! Join the game and learn the basics of basketball in a low-key, fun environment. Designed to get kids excited about the sport and develop fundamental strength and skills. Players will work on the following: ball handling, offense, defense, passing and shooting while also learning to be a respectful team player. Rims are lowered to age appropriate heights so all players are set up for success!

Friday(8x) Dec. 2 – Feb. 3	3:15-3:50	\$145.00	K3	Lola Ltd.	Gym
Friday(8x) Dec. 2 – Feb. 3	4:00-4:35	\$145.00	K4	Lola Ltd.	Gym
Friday(8x) Dec. 2 – Feb. 3	4:45-5:20	\$145.00	K-2nd	Lola Ltd.	Gym

Cooking:

- A fun and *filling* time will be had by all of the children who enroll in this activity! The students will explore their culinary creativity, along with proper nutrition and cooking techniques. Simple recipes will be used and students will be allowed to sample the concoctions

Tuesdays (8x) Nov. 29- Jan. 31	3:15 - 4:00PM	\$90.00	K3-K4	Club A Ms. Hill Ms. Steptoe	Bistro
Thursdays (8x) Dec. 1- Feb. 2	3:15 – 4:00 PM	\$90.00	K3-K4	Club B Ms. Almakaeva Ms. McGaw	Bistro

Engineering:

- The perfect choice for the future engineer. This creative program is for children of any skill level. The best way to learn and understand this engineering discipline is through lessons such as Bouncing Bubbles, Crazy Crayons and Presto -Chango Dough. Come on in and make a mess while learning the different solutions of foam or make your best creation using Crazy Crayon Art. A great program for children who love to get their hands into things. The best way to learn and understand this engineering discipline is through lessons such as Bouncing Bubbles, Crazy Crayons and Presto -Chango Dough. Come on in and make a mess while learning the different solutions of foam or make your best creation using Crazy Crayon Art. A great program for children who love to get their hands into things.

Wednesday (8x) Nov. 30- Feb. 1	4:30-5:00	\$160	K-2nd	LuAnn Massarelli (Passport 2 Enrichment)	Steam Lab
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French:

- Students will enrich their knowledge of the language while having fun learning about the cultures of French-speaking countries. Songs, games, art, and other activities are used to make this a fun learning experience.

Tuesdays (8x) Nov. 29- Jan. 31	3:30-4:15	\$80.00	K4-1st Grade	Mr. El Ayoubi	French Room
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Fun with Numbers:

- The program is designed to touch on the base on the standards of the specified grade level through projects and activities that allow children to gain mastery over the critical thinking concept and not just the functionality of doing an mathematical equation. The goal is to connect children with math in a deeper, real life level in a fun engaging way. Projects will include 3-D geometric constructions, measurements and fractions of tangible items, solving puzzles we make and critical thinking of mind melting word problems.

Mondays(8x) Nov. 28 – Feb. 13	3:15-3:45	\$145.00	K3	Passport 2 Enrichment	STEAM lab
Mondays(8x) Nov. 28 – Feb. 13	4:00-4:30	\$145.00	K4	Passport 2 Enrichment	STEAM lab

Gym Jam:

- Run – Jump – Throw – Play ...
- Kids stay fit the Gym Jam Way!!
- Get moving this fall playing kickball, crab ball, soccer, relays and more! The emphasis is on developing gross motor skills, flexibility, hand eye coordination, and strength while establishing a love for physical activity that will last a lifetime. Beginning sportsmanship and teamwork are introduced while the children work together and focus on fun!

Tuesdays (8x) Nov. 29- Jan. 31	4:00-4:35	\$145.00	K3/K4	Lola Ltd.	Cafeteria
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Hip Hop:

- Dance like your favorite pop stars! In this high-energy, age-appropriate class, kids will learn one, two and three step hip-hop techniques and combinations, danced to their favorite music. As they learn how their bodies work, dancers will develop coordination, flexibility and a burst of confidence and self-esteem.

Tuesdays (8x) Nov. 29- Jan. 31	4:00-4:35	\$145.00	K3/K4	Lola Ltd.	Cafeteria
Thursdays (8x) Dec. 1- Feb. 2	4:45-5:20	\$145.00	K-4th	Lola Ltd.	Cafeteria

Kindergym:

- Leap into learning! Young gymnasts will tumble and twist their way through floor exercises, mat skills and motor skill stations as they build flexibility, strength, endurance and self-confidence. Skills such as forward rolls, cartwheels, jumps and partner stunts are introduced as well as exercises and techniques for balance and coordination. Difficulty levels are individually assessed and students are encouraged to progress at their own pace.

Tuesdays (8x) Nov. 29- Jan. 31	4:45-5:20	\$145.00	K3/K4	Lola Inc.	Cafeteria
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Martial Arts:

- The primary art or discipline that will be taught in this class is TANG SOO DO. In this class, each child will be taught according to their individual learning style and ability. In class, children will learn from games and memorization. Basic commands in Korean and corresponding techniques will also be demonstrated. Enrollment is limited to 10 students for K3/K4 class and 20 students in Kg-5th grade.
- Mr. Soon is a registered Fourth Degree Master in the World Tang Soo Do Association (WTSDA) and has run a School in Burke since 1999. His wife Deborah, also a Fourth Degree Master, owns a school in Vienna and together they run the Northern Virginia Tang Soo Do group (<http://www.novatsd.com>).
- When your child takes classes at the Merritt Academy after school program, they will automatically be registered in the WTSDA and thereby be entitled to the privileges of one of the largest single discipline organizations in the World. This includes: regular tests under a professional panel (recognized by the WTSDA), discount equipment purchases from AWMA.com and admission to sanctioned WTSDA tournaments. Children and parents are also encouraged to visit their schools in Burke and Vienna for make-up classes, tests or to train as a family.
- All testing is included for the lower levels. When a child reaches orange belt level there is an additional registration fee and testing fee which will be explained at the first class. Uniforms are optional and can be purchased for \$30.

Tuesdays & Thursdays (16x) Nov. 29 – Feb. 2	3:30-4:00	\$240.00	K3-K4	Master Soon	Gym
Tuesdays & Thursdays (16x) Nov. 29 – Feb. 2	4:15=5:00	\$240.00	Kg-7th	Master Soon	Gym

Masterminds

- Each class will focus on a supportive learning activity that requires the use of critical thinking, imagination, logic, and team effort. Children will be assigned a small group task they must complete. Make a volcano out of an apple, vinegar and baking soda, Build a table out of newspapers, construct a musical instrument using a cylinder shaped object and rubber bands, a roller coaster complete with loops that can take a marble for a ride, Move an object without touching it. These lessons will promote teamwork, problem solving skills and most of all having FUN!

Mondays(8x) Nov. 28 – Feb. 13	4:45-5:15	\$160	K-2nd	LuAnn Massarelli (Passport 2 Enrichment)	Steam Lab
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Merritt Academy Tigers Basketball:

- It's that time of the year again - basketball season is here! Students will learn a wide range of basketball basics, including shooting, dribbling, passing and defense. We will be rooting for our boys and girls teams as they compete in friendly games. Practices will be held 2 times a week. Come join our team for a fun and exciting season! Minimum 7 students in order to have a team.

Mondays & Wednesdays (Girls) - 3:30-4:30 (Boys) - 4:30-5:30	\$100.00	4th-7th	Coach Ty, Coach Wrenn	Gym
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Merritt Tiger Cheerleaders

- The Merritt Academy cheerleaders meet once a week to practice cheers, chants, and some basic tumbling. They have the opportunity to perform for their peers during the seasonal pep rallies! Participants get to create their own cheers and choreograph parts of their own performances. This activity promotes team spirit, self-esteem, and encourages participants to be leaders.

Mondays(8x) Nov. 28 – Feb. 13	4:30-5:15	\$90.00	K-6	Ms. Denny	Cafeteria
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Mini Monets:

- Our Mini Monets will explore all different kinds of art and create one of kind masterpieces!

Tuesdays (8x) Nov. 29- Jan. 31	3:15-3:45	\$80.00	K3/K4	Ms. Williams-Brown Ms. Thanibutra	Art Room
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PlayKids Folktales

- In each session a different folk tale is told which students will act out with movement, instruments, and props. There will be an informal final performance.

Wednesday (8x) Nov. 30- Feb. 1	3:15 – 3:45	\$125.00	K3-K4	Mr. Harry Wilkinson	Art Room
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PlayKids Theater

- Through storytelling and playing, acting games, improvisations and skits children explore their world and discover the art of theater. Students create their own sketches in an informal final performance.

Wednesday (8x) Nov. 30- Feb. 1	4:00 – 4:45	\$125.00	K-7 th	Mr. Harry Wilkinson	Art Room
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Soccer Station:

- Kick into action with this high energy program that introduces children to the basics by learning through play. Each class includes a variety of skill building games and drills that work on dribbling with both feet, passing, and shooting. Group games will incorporate beginning soccer rules and player positions. Children will experience a burst of energy and a love for the sport as they increase their coordination and endurance and experience the positive energy of sportsmanship and teamwork!

Mondays(8x) Nov. 28 – Feb. 13	3:15-3:50	\$145.00	K3	Lola Ltd	Backfield or Cafeteria
Mondays(8x) Nov. 28 – Feb. 13	4:00-4:35	\$145.00	K4	Lola Ltd	Backfield or Cafeteria
Mondays(8x) Nov. 28 – Feb. 13	4:45-5:20	\$145.00	K-2 nd	Lola Ltd	Backfield or Cafeteria

Yoga:

- This program focuses on basic yoga postures at a beginner level. Children enjoy the challenges of the many different postures (Asana) they will learn and posture flow (Vinyasa.) Learning yoga is fun while contorting your body into forms of the alphabet and land and sea creatures. Yoga is an amazing workout for the mind, body and soul. Yoga is good for endurance, balance, coordination, flexibility and strength.

Wednesday (8x) Nov. 30- Feb. 1	3:45-4:15	\$145.00	K3/K4	Passport 2 Enrichment	Cafeteria
Wednesday (8x) Nov. 30- Feb. 1	5:15-5:45	\$145.00	K-6th	Passport 2 Enrichment	Cafeteria